

FBISD SHAC 2020-2021

April 21, 2021 Meeting Agenda

I. Welcome: Welcome & Ice breaker

Melanie Anbarci, Chair

12:04: Melanie Anbarci opened meeting, stating focus would be “Health and Safety”, mindful activity: word cloud and describe last month for you.

Special Thanks to Grayle James, Trustee and WCSS advocate.

Grayle has carried wellness initiatives to the board. Thank you to the community members who have also volunteered and participate. We have all learned what we can do through a district to be successful! She feels very loved and appreciated!

II. Program:

A. Be Smart Gun Safety

Leslie Morrison, Moms Demand Action SW Houston

- Leslie is a mom of 3 kids. 8 years ago volunteered at Scanlan Oaks. Lost childhood friend for suicide by fun. El Paso shooting looked into Moms Demand action and things resonated with her.
- Be Smart is a program that empowers parents.
- Partnered with FB County Sherriff. Chief Maddie Provost keeping business cards and give to people.
- **Gun Safety Program in Rosenberg this Weekend: Expose Excellence Youth Program, Embassy Church, 2512 Avenue N, Rosenberg, TX 77471**
- Slides will be emailed w/ minutes of meeting.
- **SMART** (Secure all guns in homes, vehicles; Model responsible behavior; Ask about unsecured guns in other homes; Recognize the role of guns in suicide; Tell your peers to be **SMART**.)
- Nearly 1600 kids are killed with guns each year. Average of 4 kids/day.
- Of school shootings and violence, 80% of people said they got their gun from their home or close neighbor/relative.
- Nearly 4.6 Million US children live with at least 1 loaded, unsecured gun in their home.
- **Question:** From Doug Earle: He states that he assumes that most people have gun. If your ammo is in a different place than your gun, how do you protect yourself? **Answer:** Having and getting to your weapon fast enough to shoot an intruder doesn't prevent someone from breaking into your house. False sense of security if you have a gun.

B. COVID dashboard overview

Lori Sartain, FBISD Assistant Director, Health & Wellness

- Weekly updates and committee provide recommendations for health & safety.
- Review data. We'll look at today's data but it is for last week's info. Info gets updated for Thursday meetings.
- Items reviewed include: Indicator, Source of Data, District's interpretation of data.

NEXT FBISD SHAC MEETING: May 19th, 12:00 pm-2:00 pm, Location: ZOOM MTG

FBISD SHAC 2020-2021

- Items include: active cases of Covid, new cases, disruption of district operations, feeder pattern spread, District/facilities indicators; pivoted campuses, medical analysis of data, and surrounding ISD's data.
- Team works really hard. Lot of different data points. Team meets daily to discuss campuses, watches, contact Principals to support campus. No pivots, no big increases in # (#s, not percentages.)
- **Question**, any question about how many people are vaccinated in the district? How will this proceed for the semesters going forward? Anything planned for student vaccination. **Answer:** Lori said we can get vaccination data to next SHAC meeting. Pfizer is only vaccine for 16 and 17 y/o. Not currently a requirement, but hoping that # of staff & students # vaccinated will help spread and decrease # of people who have to quarantine when exposed.
- Melanie-data is available on website, positive covid cases, Covid 19 response, Response Stakeholder Committee.

III. Approve Minutes from February

Allison Thummel, SHAC Secretary

Jigisha Doshi states that quorum exists. Meeting minutes requested to be approved. Lori Sartain made a motion to accept February 2021 SHAC minutes. Pearl Lam seconds. Motion is passed and February 2021 SHAC minutes are approved.

IV. Brain break

Stephanie Kellum, UHC

- V. **Breakout Room Discussions:** Participants are grouped into 4 groups: Members, Liaisons, Guests, Remaining participants. Each group used a live Google Doc, and the document will be housed in the SHAC website under the April 21, 2021 meeting.

VI. Upcoming Administrative items

- A. New Health/PE TEKS/New Health Textbook/curriculum (email Lori if interested)
- B. Executive Board nominations & Applications for membership for next year
1. Executive Board: Those who want to serve in a leadership role, please email Lori.Sartain@fortbendisd.com and chairfortbendisdshac@gmail.com.
 2. Application for SHAC Parent membership: <https://forms.gle/xdS39dXkSrsJSoeA>
 3. Application for SHAC Community membership: link will be sent out separately.
- C. SHAC WSCC Award Nominations: <https://forms.gle/C3SwtEdwsARqecZ9>

VII. Upcoming Events

Stephanie Kellum, UHC

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FBISD SHAC 2020-2021

Campus Wellness Events

May

- Bike to School – May 5th
- Nurses Appreciation Week – May 3rd-7th
- Mental Health Awareness Month



WHEN IT COMES TO YOUR HEALTH, DOES YOUR ZIP CODE MATTER MORE THAN YOUR GENETIC CODE?

Join us for a virtual lecture on April 22, 2021



April 22nd @ 12:30pm:
<https://register.gotowebinar.com/register/189047761626225204>



EVERY KID HEALTHY WEEK 2021 SCHEDULE

APRIL 26 MONDAY MINDFUL MONDAY	APRIL 27 TUESDAY TASTY TUESDAY	APRIL 28 WEDNESDAY WELLNESS WEDNESDAY	APRIL 29 THURSDAY THOUGHTFUL THURSDAY	APRIL 30 FRIDAY FITNESS FRIDAY
CHILD HEALTH FOCUS				
Social Emotional Learning	Nutrition and Food Access	Self-care Strategies	Connectives, Relationship Skills, Social Awareness	Physical Activity and Active play

Link for Action For Healthy Kids 5 Days of Activities: <https://www.actionforhealthykids.org/every-kid-healthy-week-resources/>



April 22nd @ 3pm: *Spaces that Inspire: Creating Safe and Supportive Learning Environments through a Trauma-Conscious Approach:*
<https://actionforhealthykids.zoom.us/join/71u7QiuBHqKfoaWfQ>

April 29th @ 2:30pm: *ConnectEd: Social-Emotional Learning – It Begins with Us:*
<https://actionforhealthykids.zoom.us/join/FnCT6Gp8bug14eM3w>

May 5th @ 2:30pm: *Building Family-School Partnerships for Kids Health:*
<https://actionforhealthykids.zoom.us/join/us9z5vOgpaODCYeiDA>

Friday, May 7th: school lunch hero day.

VIII. Meeting Closure

Melanie Anbarci, Chair

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FBISD SHAC 2020-2021

Sandra Castro-DAIRY-MAX: FBISD and Dairy Max worked together for FBISD Foodie Cookoff. Part of Child Nutrition Department (CND) and SHAC Nutrition subcommittee. Two winners—both of whom will have their recipe featured. 1st place winner won a Virtual Visit from a Texans/former Texans player.

Melanie Anbarci announced our next SHAC meeting: May 19, 12-2pm, ZOOM MTG

Attachments: SHAC PPT, Gun Violence PPT, Google Docs Breakout Room

SHAC Attendance from 4/21/21 from zoom chat:

1. Andrea Beckert WBE
2. Christina Santibanez w/ Fort Bend Community Prevention Coalition
3. Theresa Chiang, parent EHS
4. Ami Dharia, parent SMS
5. Krista Patlovich, Vice Chair of SHAC and parent
6. Allison Thummel, Secretary of SHAC and FBISD parent
7. JENNA, ROSS, FSMS, CHS PARENT
8. Jigisha Doshi, Parent SHAC Membership Chair
9. Erin Weaver, RN Palmer ES
10. Pearl Lam, parent DHS & QVMS
11. Dimpy Koul SHAC member/Parent
12. Sandra Castro, Dairy MAX/FUTP60, Community Member
13. Sandy Bristow, Oliver Foundation
14. Briana Garcia, FBISD Child Nutrition
15. Pilar Westbrook Executive Director of SEL and Comprehensive Health
16. Katrina Martin, GE, PE teacher
17. She'Nee Young-FBISD parent & Asst. Principal
18. Carla Jones-HRE Nurse/Counselor/CCC Asst.
19. Amy Moyer PE Teacher Highlands Elementary
20. Jennifer Setera, Nurse-FSMS
21. Jamila Steen, James Patterson
22. Shannon Bandish Nash, FBISD- Wellness Specialist
23. Farah Rahman, parent member/liaison Austin High School
24. Shavonda Watkins, Teacher Goodman Elementary
25. Marie Jacinto, AVDA (Aid to Victims of Domestic Abuse), providing healthy relationship skills for teens. mariej@avda-tx.org
26. rosa baker-holley elementary
27. Dana Tran, Parent SHAC
28. Nicola Matthews Heritage Rose Elementary-Parent Educator
29. Natalie Rivera, FBISD Communications
30. Maria Johnson, Fort Bend ISD, Behavioral Health and Wellness
31. Tyenise Blackmon, Parent - DES and DHS
32. Kristen Damborsky BSN RN Hunters Glen Elementary School

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FBISD SHAC 2020-2021

33. Julia Jarrell, Child Nutrition Department
34. Grayle James, Trustee
35. Kim Taylor, FBISD Behavioral Health and Wellness
36. Lorrie Rudd RN Colony Meadows Elementary
37. Kathie Harper Campus Assessment Coord. Marshall High
38. Noby Kandarapally RN, Lantern Lane Elementary
39. Laura Lynn Vollmer RN, Brazos Bend Elementary
40. Tami Stout, parent
41. Stephanie Brown
42. Shane Chen, HOPE Clinic (community health center) and Parent
43. Doug Earle community member
44. Sarah Khalife; FBISD Extended Learning Dept. Marketing Coordinator
45. Melanie Anbarci, SHAC Chair
46. Natalie Bostic RN, James Reese CTC Nurse
47. Stephanie Kellam, UnitedHealthcare, Community Member
48. Mary hooper, swe nurse
49. Jessica Dasher, RNWSE School Nurse
50. Victoria Ralls, MD Anderson Cancer Center, Sr. Community Relations Coordinator
51. Sonya Copeland, RN OCE School Nurse
52. Doug Turner PE Teacher Heritage Rose Elementary
53. Krystal Norman Nurse Heritage Rose ES
54. Carlete Metoyer, FBISD
55. Fidel Wells, FBISD Principal
56. Timika Keller-School Counselor Goodman Elementary School
57. Rocaille Roberts, SHAC parent
58. Marianne Vinklerek, MBE

Membership attendance for 4/21/21

Grayle James BOARD,
Doug Earle COMMUNITY,
Sandy Bristow COMMUNITY,
Sandra Castro Community,
Stephanie Kellam COMMUNITY,
Briana Garcia District,
Carlete Metoyer District,
Courtney Skiles DISTRICT,
Julia Jarrell DISTRICT,
Kelly Rhodes DISTRICT,
Kim Taylor District,
Lori Sartain DISTRICT,

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FBISD SHAC 2020-2021

Maria Johnson DISTRICT,
Pilar Westbrook District,
Tyenise Blackmon DISTRICT,
Allison Thummel PARENT,
Dana Tran PARENT,
Farah Rahman PARENT,
Jenna Ross PARENT,
Jigisha Doshi PARENT,
Krista Patlovich PARENT,
Melanie Anbarci PARENT,
Pearl Lam PARENT,
Rocaille Roberts PARENT,
Tami Stout PARENT,
Theresa Chiang PARENT

CHAT

11:59:49 From Melanie Anbarci to Everyone : Icebreaker link:

<https://app.sli.do/event/3zm07bld/embed/polls/f55ea156-a5db-4f34-b578-37e9f1223f32>

12:08:17 From Jigisha Doshi to Everyone : Everyone please state your first name, last name and affiliation in the chat for attendance !

12:10:45 From Allison to Everyone : Please enter a word of Thanks for Grayle to this site:

<https://app.sli.do/event/3zm07bld/embed/polls/04140a60-6f0c-48d2-a121-a2d3b627605e>

12:25:45 From Jigisha Doshi to Everyone : Thank you to everyone who sent in their name and affiliation in the chat. Everyone else who has not yet sent in please state your first name, last name and affiliation in the chat for attendance !

12:33:54 From Melanie Anbarci to Everyone : For more information about the Be Smart program and framework here is the website: <https://besmartforkids.org/>

12:36:07 From Fort Bend Community Prevention Coalition to Everyone : Great program! Great info! Thank you for sharing!

12:36:09 From andrea.beckert to Everyone : Very interested in sharing with parents!

12:36:14 From Rosa Baker to Everyone : its a very important presentation to share with families

12:40:13 From andrea.beckert to Everyone : There are many storage solutions for safe but quick access

12:41:58 From Pearl Lam to Everyone : Please repeat about event in Rosenberg this weekend.

12:42:06 From andrea.beckert to Everyone : great presentation!

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12:45:26 From Melanie Anbarci to Everyone : Expose Excellence Youth Program

12:45:33 From Melanie Anbarci to Everyone : Embassy Church

12:45:55 From Melanie Anbarci to Everyone : 2512 Avenue N, Rosenberg, TX 77471

12:52:36 From Dana Tran to Everyone : Thank you Lori for sharing all the data!

12:52:57 From SABrown to Everyone : Thank you Lori!

12:55:49 From SEL & CH Division to Allison(Direct Message) : Motion to approve

12:56:07 From Pearl Lam to Everyone : second

13:02:14 From rroberts to Everyone : Can the link for the activities be placed in the chat box?

13:02:26 From Farah Moin to Everyone : can we have the link brain exercise?

13:02:37 From Stephanie Kellam to Everyone : (BRAIN BREAK)

<https://drive.google.com/drive/u/1/folders/1E86cpXpZEcZ5SrcgzVj0sRd2ib0-z9FA>

13:50:19 From Allison to Everyone : Lori.Sartain@fortbendis.com for Exec Board nominations

13:51:56 From Stephanie Kellam to Everyone : <https://forms.gle/kjgtTboBTdGcuMNq6>

13:55:32 From Stephanie Kellam to Everyone : Every Kid Healthy™ Week is an annual observance created in 2013 to celebrate school health and wellness achievements. Recognized on the calendar of National Health Observances and observed the last full week of April each year, each day of the week shines a spotlight on the great actions schools and families are taking to improve the health and wellness of their kids and the link between nutrition, physical activity, mental health and learning – because healthy kids are better prepared to learn and thrive! Here is the link:

<https://www.actionforhealthykids.org/every-kid-healthy-week-resources/>

13:56:17 From Stephanie Kellam to Everyone : Friday May 7th - School Lunch Hero Day!